DERMAPLANE Pre-Treatment and Post-Treatment Care

Pre-Treatment:

Please let your skincare specialist know if you are on any medication (topical and/ or oral, have any medical conditions, or are being treated by a physician for any conditions.

Let your skincare specialist know if you have been diagnosed with cold sores or Herpes simplex.

No shaving, laser treatment, peels, waxing, or aggressive exfoliations one week prior to Dermaplaning treatments.

You should wait 2 weeks after receiving botox or dermal fillers to receive Dermaplaning treatments.

Post-Treatment:

*No recovery time, following treatment, you may immediately return to your normal activities.

- Use a gentle cleanser and apply moisturizer at least twice daily for a minimum of 7 days post treatment
- Avoid excessive heat, sun beds, steam rooms/ saunas, sun exposure for a minimum of 3 days post treatment. If you must be in the sun, apply SPF 30 or greater, reapply often, wear a hat, and seek shade when possible.
- Avoid facial waxing for 7 days. * No scrubs, peels, or aggressive brushes for 7 days.
- Do apply serums as absorption levels will be elevated.
- Be sparing with self-tan, remember absorption levels are elevated.
- You may experience a slight windburn sensation post treatment and skincare products may tingle slightly, this is normal for the first few days.

(For best results, Dermaplaning treatments are recommended every 4-6 weeks.)

A quality skin care regimen is essential!

You are already taking a big step to help improve the overall look of your skin, and now may be the time to establish or revamp your morning & evening skin care routine. Daily anti-aging skin care is shown to affect significant improvements in skin tone, fine lines, smoothness, and luminosity. Gentle cleanser, moisturizer with SPF protection, and exfoliation will help maximize your results for a more youthful appearance. We recommend Kiss Skin RX skin care products to help improve the overall look of your skin. Allow us to set you up with a free consultation with our Aesthetician to customize a regimen suited to your skin needs.

Initials

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