



SYLFIRM X Radiofrequency/Microneedling Pre-Treatment and Post-Treatment Care

Pre-Treatment: DRINK PLENTY OF WATER 24–48 HOURS BEFORE TREATMENT TO KEEP SKIN HYDRATION 3 days prior to your procedure stop the use of: - Retinols: Retin A, Tretinoin, Tazorac®, "anti-aging" products - Glycolic acid products - Salicylic acid products. Read the labels on all of your skin care products, including over-the-counter to avoid these ingredients Avoid taking Aspirin, Non-steroidal Anti-Inflammatory Drugs (NSAIDS) such as ibuprofen, Vitamin E, Fish Oil, Ginger, Ginko Bilboa, Ginseng, and Garlic 10–14 days prior to the procedure. These drugs and herbs may cause excessive bleeding or bruising. Patients that have a history of cold sores can be prescribed medication to prevent cold sores. Even though you may have never had a breakout most people have been exposed to the virus that causes cold sores. You will take Valtrex 500mg by mouth twice daily starting the day prior to the procedure and continuing the next 5 days. While most people tolerate the procedure well, it can be uncomfortable. If you would like to be given pain medication, Xanax or valium prior to the procedure please let us know in advance and arrange for someone to drive you to and from the office. If you take an oral medication for pain or anxiety you will need a driver. You will be here for approximately 2 hours. On the day of your procedure please arrive without make up (including eye makeup) or lotions on your face and neck, remove contact lenses (bring glasses) and wear a lower-cut, buttoned shirt. When you arrive at the office pre-procedure pictures will be taken. A topical anesthetic will be applied to the areas being treated and will be left on for about 1 hour. The use of mobile devices is not allowed in the room while the RF system is working Due to possible risk of interference from electromagnetic radiation while the RF system is in operation, person with implanted medical devices such as pacemakers, cardioverters and other implantable devices should not be in the room. Jewelry and facial piercing should be removed prior to treatment Expect 3–5 days of recovery time. You can expect to have some redness and peeling and possible bruising which could last up to 10 days.

Post-Treatment: Your Medical Practitioner may choose to apply Exosome Regenerative Complex post treatment to optimize your treatment results. This product has been clinically proven to reduce inflammation post treatment, increase fibroblast production by 180%, and increase elastin production by 300%. Exosome Regenerative Complex powered by Exo-SCRT™ is an intensive dual action complex formulated to absorb quickly into the skin delivering the concentrated power of over 2.5 BILLION STEM CELL DERIVED LYOPHILIZED EXOSOMES, potent GROWTH FACTORS, PEPTIDES, COENZYMES, MINERALS, AMINO ACIDS, and VITAMINS.

Our paraben free, steroid free, and hypoallergenic, patented technologies, and ingredients are clinically proven to rejuvenate and regenerate the skin. What Are Exosomes | What Is Exo-SCRT™
Exosomes are an extracellular vesicle that is responsible for all cell-to-cell communication within the body. These exosomes are vital in all regenerative cellular processes. Patented technology, Exo-SCRT™, separates and refines 0.1% of pure exosomes from stem cell conditioned media, and lyophilize it, to provide a stable and results driven product.

DO NOT APPLY ANYTHING OVER EXOSOMES FOR 12 HOURS AFTER TREATMENT!

A certain degree of discomfort, redness, and/or irritation during and after treatment is expected. If any discomfort or irritation persists more than 24-hours, please notify Kiss Aesthetics at (708) 717-3509 Tiny scabs (of less than 1 mm in diameter) may form 24-72 hours post treatment and may remain for several days. The scabs should not be touched or scratched (even if they itch) and should be allowed to shed naturally. During the first two (2) days following treatment, care should be taken to prevent trauma to the treated site: avoid hot baths, massage, irritating skin care products or exfoliants, etc. The skin should be kept clean to avoid contamination or infection; any mechanical or thermal damage to the area must be avoided. It is important to keep your skin moisturized after the treatment! You may have mild swelling for 1-3 days after your treatment. Patients may apply an icepack (NOT direct ice) to the irritated area for 1-2 days in approximately 15- minute sessions 3-4 times per day.

Initials

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